

Kathrin Mörtl

Academic Faculty Member,
Psychologist and Psychotherapist



Academic Title

Assoc. Prof. Mag. Dr.



Academic Work History

2019-11 -Current

Vice-dean for Research

Faculty of Psychotherapy Science, Sigmund Freud Private University (SFU), Vienna

- Coordination of research projects in line with the research strategy of the faculty
- Active member of the Ethics Committee at SFU
- Development of team communications for research employees

2012-01 -Current

Faculty Member

Faculty of Psychotherapy Science, SFU, Vienna

- Collaborated with faculty, staff and stakeholders from across college and community to create, preserve and partnerships.
- Served on college, program and department committees and assisted the Dean of the Faculty in exercising duties.
- Received the Associated Professorship for Psychotherapy Science by the Rectorate (2019-05)

Academic teaching appointments (selected courses in the graduate and PHD programes in German and English language):

Psychosomatics, Sexual Disorders, Research
Workshop I and II, Qualitative Research Methods,
Grounded Theory Methodology, Scientific
Research Methods I and II, Introduction to
Psychotherapy Science, Architecture and Psyche,
General Psychopathology I



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Social Competency
Qualitative Research
Academic Leadership





Research projects (selected projects as the main project investigator):

- Fit for Life alcohol-free. Literary activity as transformative process (cooperation with Prim. Dr. Harald David)
- Evaluation of an interdisciplinary health
 management for prevention and early detection
 of mental illness (cooperation with Prof. Harald
 Gündel, University of Ulm); third party funding
- Evaluation of psychotherapy students' development (cooperation with Prof. Jutta Fiegl and Prof. Omar Gelo)
- Corrective Experiences in Psychotherapy (cooperation with Prof. Lynne Angus, York University and Michael Constantino, University of Massachusetts)
- Military families. Analysis of specific psychosocial burden in children of German soldiers (cooperation with Prof. Ute Ziegenhain, University of Ulm); third party funding
- School companion development of an interdisciplinary curriculum, contributing to the inclusion (cooperation with Prof. Ute Ziegenhain, University of Ulm); third party funding
- MAN-GO II: Evaluation of a Stress Prevention Intervention at the Workplace (cooperation with Prof. Harald Gündel, University of Ulm); third party funding
- "Lükkekinder". The social world of "Lükkekinder"-Analysis of a forgotten group (cooperation with Prof. Ute Ziegenhain, University of Ulm); third party funding
- Child welfare as a collective orientation pattern (cooperation with Prof. Ute Ziegenhain, University of Ulm); third party funding
- Emotional Vignettes Women in Leadership Positions (cooperation with Prof. Alberta Pos, York University); third party funding

2009-12 -2011-12

Post-Doc Fellow

York University (CAN) funded by the German Research Council (DFG), Toronto

- Post-Doc Research Project: The process of change for depressive patients (supervised by Prof. Lynne Angus)
- Member of the programme committee for the Annual Meeting of the Society for Psychotherapy Research 2011, Banff (CAN)

2005-09 -2009-11

Scientific Researcher

University Clinic Psychosomatic Medicine and Psychotherapy Ulm (DE), Ulm

 Collaborated with faculty, staff and stakeholders from across college and community to create, preserve and partnerships.

Academic teaching appointments (selected courses in the undergraduate and graduate programes in German language):

 Introduction to Psychosomatic Medicine and Psychotherapy, Introduction to Medical Psychology and Sociology, Qualitative Research Workshop, Soft Skills and Communication in the Medical Profession

Research projects (PHD project and selected projects as scientific assistant):

- PHD project: Client Experiences of Helpful Factors in the Psychosomatic Day-clinic. A Qualitative Approach (supervised by Prof. Jörn von Wietersheim)
- Implementation and Evaluation of Integrative Behavioral Therapy (based on DBT by Linnehan) in a Psychiatric Forensic Hospital (PI Prof. Franziska Lamott)
- ANTOP Anorexia Nervosa Treatment for OutPatients. Randomized-controlled multisite study (PI Prof. Jörn von Wietersheim)
- Group Psychotherapy in a Social Therapeutic
 Department in Prison (PI Prof. Franziska Lamott)



Education

2005-09 -2011-11

Doctorate (PhD): Human Biology

Medical Faculty At The University of Ulm - Ulm

Received the Doctorate in Human Biology (Dr. biol. hum.) summa cum laude at the University Clinic for Psychosomatic Medicine and Psychotherapy

2000-03 -2005-04

Magister (Master): Psychology

Department of Psychology, University of Klagenfurt - Klagenfurt

Received the degree Magistra philosophiae (Mag. phil.) cum laude

1999-09 -2000-02

Magister (Master): Psychology

University of Graz - Graz

Not finished, transferred to University of Klagenfurt



Certifications

2021-02 • Certified Psychotherapist in Austria (Psychoanalysis)

2014-05 • Psychotherapist in training under supervision (AUT)

2007-12 Psychotherapeutic Propädeutikum (first part of the clinical psychotherapy training in Austria)

2007-05 • Certified Training in the Structured Interview for Anorexia and Bulimia Nervosa (SIAB)

2007-05 • Certified Training in the Structured Clinical Interview for DSM-IV (SCID)



Clinical Work Engagement

Private Psychotherapy Practice (Psychoanalysis) in Vienna (since 2018)

Psychotherapeutic Outpatient Clinic for Adults at SFU Vienna (2016-2018)

- Psychiatric Unit at the Donauspital/SMZ-Ost, Vienna (2014)
- University Clinic for Psychosomatic Medicine and Psychotherapy Ulm (2008-2011)



Affiliations

Professional associations

- VÖPP Association of Austrian Psychotherapists (since 2014)
- Society for Psychotherapy Research (2006-2017)
- Austrian Student's Council (ÖH) (1999-2005)

Academic teaching assignments

- ARGE Bildungsmanagement Vienna (since 2017)
- Austrian Association for Systemic Therapy and Systemic Studies (ÖAS) (2018)
- Association of Austrian Psychotherapists (VÖPP)
 (2015)
- Etablissement Privé D'Enseignement Supérieur Paris-Vienne (SFU) (2013-2014)
- External lecturer at University of Klagenfurt (2009)